



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Weinrich, Volker

Club: Wampe wech

Number: 654

Course: 5.00 km

Jedermannlauf

Category:

Männer M35

Total time: 26:03

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 31 (of 64)

Rank in course/Men: 28 (of 45)

Best time in course: 17:19

Rank in category: 3(of 5)

Best time in the category: 19:24