



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Asshauer, Jan

Club: LSF Münster
Number: 664

Course: 5.00 km
Jedermannlauf

Category:
Männer M20

Total time: 27:14

Speed: 11.02 km/h
Running performance: 5:27 min/km

Rank in course/Total: 36 (of 64)

Rank in course/Men: 31 (of 45)

Best time in course: 17:19

Rank in category: 6(of 7)

Best time in the category: 17:19