



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

**Köllerwirth, Thomas**

Club: Ahlen  
Number: 680

Course: 5.00 km  
Jedermannlauf

Category:  
Männer M50

Total time: 27:20

Speed: 10.98 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 37 (of 64)

Rank in course/Men: 32 (of 45)

Best time in course: 17:19

Rank in category: 4(of 6)

Best time in the category: 20:00