



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Köllerwirth, Thomas

Club: Ahlen
Number: 680

Course: 5.00 km
Jedermannlauf

Category:
Männer M50

Total time: 27:20

Speed: 10.98 km/h
Running performance: 5:28 min/km

Rank in course/Total: 37 (of 64)

Rank in course/Men: 32 (of 45)

Best time in course: 17:19

Rank in category: 4(of 6)

Best time in the category: 20:00