



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Lompa, Jonas

Club: Warendorf
Number: 673

Course: 5.00 km
Jedermannlauf

Category:
männliche Jugend B

Total time: 31:01

Speed: 9.67 km/h
Running performance: 6:12 min/km

Rank in course/Total: 52 (of 64)

Rank in course/Men: 41 (of 45)

Best time in course: 17:19

Rank in category: 6(of 6)

Best time in the category: 19:09