



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

Fenke, Hedwig

Club: Warendorf

Number: 655

Course: 5.00 km

Jedermannlauf

Category:

Frauen W40

Total time: 32:51

Speed: 9.13 km/h

Running performance: 6:34 min/km

Rank in course/Total: 55 (of 64)

Rank in course/Women: 13 (of 19)

Best time in course: 24:59

Rank in category: 3(of 3)

Best time in the category: 24:59