



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Hampel, Marco

Club: LSF Münster

Number: 821

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 37:56

Speed: 15.82 km/h

Running performance: 3:47 min/km

Rank in course/Total: 5 (of 141)

Rank in course/Men: 5 (of 105)

Best time in course: 33:16

Rank in category: 2(of 9)

Best time in the category: 34:34