



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Ziegler, Marc

Club: LSF Münster

Number: 761

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 38:32

Speed: 15.57 km/h

Running performance: 3:51 min/km

Rank in course/Total: 9 (of 141)

Rank in course/Men: 9 (of 105)

Best time in course: 33:16

Rank in category: 4(of 9)

Best time in the category: 34:34