



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Voß, Lars

Club: Warendorf

Number: 745

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 43:19

Speed: 13.85 km/h

Running performance: 4:20 min/km

Rank in course/Total: 20 (of 141)

Rank in course/Men: 19 (of 105)

Best time in course: 33:16

Rank in category: 5(of 9)

Best time in the category: 34:34