



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Neuhaus, Walter

Club: PC Telgte

Number: 782

Course: 10.00 km

Volkslauf

Category:

Männer M45

Total time: 43:35

Speed: 13.77 km/h

Running performance: 4:22 min/km

Rank in course/Total: 22 (of 141)

Rank in course/Men: 21 (of 105)

Best time in course: 33:16

Rank in category: 8(of 22)

Best time in the category: 37:32