



# 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

## Detailed evaluation

**Wegener, Marcus**

Club: WSU Tri Team

Number: 757

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 45:50

Speed: 13.09 km/h

Running performance: 4:35 min/km

Rank in course/Total: 31 (of 141)

Rank in course/Men: 30 (of 105)

Best time in course: 33:16

Rank in category: 4(of 18)

Best time in the category: 37:50