



# 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

## Detailed evaluation

**Laub, Felix**

Club: LG Beelen

Number: 801

Course: 10.00 km

Volkslauf

Category:

männliche Jugend B

Total time: 46:25

Speed: 12.93 km/h

Running performance: 4:38 min/km

Rank in course/Total: 33 (of 141)

Rank in course/Men: 32 (of 105)

Best time in course: 33:16

Rank in category: 1(of 1)

Best time in the category: 46:25