



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Große Inkrott, Hubert

Club: Warendorf

Number: 717

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 48:38

Speed: 12.34 km/h

Running performance: 4:52 min/km

Rank in course/Total: 44 (of 141)

Rank in course/Men: 43 (of 105)

Best time in course: 33:16

Rank in category: 9(of 21)

Best time in the category: 39:00