



# 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

## Detailed evaluation

**Brockmann, Torsten**

Club: Münster

Number: 829

Course: 10.00 km

Volkslauf

Category:

Männer M30

Total time: 48:59

Speed: 12.25 km/h

Running performance: 4:54 min/km

Rank in course/Total: 45 (of 141)

Rank in course/Men: 44 (of 105)

Best time in course: 33:16

Rank in category: 4(of 8)

Best time in the category: 33:16