



31. Warendorfer Emssee-Lauf  
Warendorf / 04.09.2010

Detailed evaluation

Trüschler, Mats

Club: Overbergschule  
Number: 303

Course: 2.30 km  
Schülerlauf

Category:  
männliche Schüler D

Total time: 11:52

Speed: 10.11 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 74 (of 158)

Rank in course/Men: 51 (of 84)

Best time in course: 8:31

Rank in category: 24(of 42)

Best time in the category: 8:31