



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Meyer, Tobias

Club: Warendorf

Number: 820

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 50:46

Speed: 11.82 km/h

Running performance: 5:05 min/km

Rank in course/Total: 56 (of 141)

Rank in course/Men: 54 (of 105)

Best time in course: 33:16

Rank in category: 4(of 8)

Best time in the category: 43:40