



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Padge, Willi

Club: Post SV Holzminden

Number: 723

Course: 10.00 km

Volkslauf

Category:

Männer M65

Total time: 51:32

Speed: 11.64 km/h

Running performance: 5:09 min/km

Rank in course/Total: 64 (of 141)

Rank in course/Men: 62 (of 105)

Best time in course: 33:16

Rank in category: 2(of 3)

Best time in the category: 46:40