



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Schmidt, Raimund

Club: Warendorf
Number: 827

Course: 10.00 km
Volkslauf

Category:
Männer M45

Total time: 51:39

Speed: 11.62 km/h
Running performance: 5:10 min/km

Rank in course/Total: 66 (of 141)

Rank in course/Men: 64 (of 105)

Best time in course: 33:16

Rank in category: 17(of 22)

Best time in the category: 37:32