



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Witte, Norbert

Club: GW Westkirchen

Number: 795

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 51:55

Speed: 11.56 km/h

Running performance: 5:11 min/km

Rank in course/Total: 68 (of 141)

Rank in course/Men: 65 (of 105)

Best time in course: 33:16

Rank in category: 6(of 8)

Best time in the category: 43:40