



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Fessner, Friedhelm

Club: Skiclub Warendorf
Number: 735

Course: 10.00 km
Volkslauf

Category:
Männer M55

Total time: 52:02

Speed: 11.53 km/h
Running performance: 5:12 min/km

Rank in course/Total: 70 (of 141)

Rank in course/Men: 67 (of 105)

Best time in course: 33:16

Rank in category: 6(of 10)

Best time in the category: 47:34