



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Lieber, Ulrich

Club: Warendorf

Number: 721

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 52:52

Speed: 11.35 km/h

Running performance: 5:17 min/km

Rank in course/Total: 76 (of 141)

Rank in course/Men: 71 (of 105)

Best time in course: 33:16

Rank in category: 10(of 18)

Best time in the category: 37:50