



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Milke, Nina

Club: Laurentiusschule Warendorf

Number: 211

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler D

Total time: 12:08

Speed: 9.89 km/h

Running performance: 5:17 min/km

Rank in course/Total: 81 (of 158)

Rank in course/Men: 54 (of 84)

Best time in course: 8:31

Rank in category: 25(of 42)

Best time in the category: 8:31