



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Hunkenschröder, Frank

Club: Scheffers Roadrunner

Number: 718

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 54:46

Speed: 10.96 km/h

Running performance: 5:29 min/km

Rank in course/Total: 87 (of 141)

Rank in course/Men: 81 (of 105)

Best time in course: 33:16

Rank in category: 8(of 9)

Best time in the category: 34:34