



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Brechler, Jens Reiner

Club: Everswinkel

Number: 769

Course: 10.00 km

Volkslauf

Category:

Männer M20

Total time: 55:50

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 93 (of 141)

Rank in course/Men: 84 (of 105)

Best time in course: 33:16

Rank in category: 8(of 8)

Best time in the category: 43:40