



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

**Trueschler, Christiane**

Club: Warendorf

Number: 738

Course: 10.00 km

Volkslauf

Category:

Frauen W35

Total time: 56:03

Speed: 10.70 km/h

Running performance: 5:36 min/km

Rank in course/Total: 98 (of 141)

Rank in course/Women: 11 (of 36)

Best time in course: 42:45

Rank in category: 3(of 4)

Best time in the category: 54:56