



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Pumpe, Thomas

Club: Warendorf

Number: 800

Course: 10.00 km

Volkslauf

Category:

Männer M30

Total time: 58:35

Speed: 10.24 km/h

Running performance: 5:52 min/km

Rank in course/Total: 110 (of 141)

Rank in course/Men: 93 (of 105)

Best time in course: 33:16

Rank in category: 7(of 8)

Best time in the category: 33:16