



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

#### Wippern, Jürgen

Club: Grasberg

Number: 792

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 58:43

Speed: 10.22 km/h

Running performance: 5:52 min/km

Rank in course/Total: 111 (of 141)

Rank in course/Men: 94 (of 105)

Best time in course: 33:16

Rank in category: 18(of 21)

Best time in the category: 39:00