



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Wippern-Tepe, Petra

Club: BSV-Ostbevern

Number: 793

Course: 10.00 km

Volkslauf

Category:

Frauen W50

Total time: 58:48

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 112 (of 141)

Rank in course/Women: 18 (of 36)

Best time in course: 42:45

Rank in category: 2(of 3)

Best time in the category: 50:29