



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

#### Beier-Stuerwald, Marianne

Club: TV Friesen Telgte

Number: 752

Course: 10.00 km

Volkslauf

Category:

Frauen W50

Total time: 59:30

Speed: 10.08 km/h

Running performance: 5:57 min/km

Rank in course/Total: 117 (of 141)

Rank in course/Women: 23 (of 36)

Best time in course: 42:45

Rank in category: 3(of 3)

Best time in the category: 50:29