



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Schlie, Michael

Club: LC Solbad Ravensberg

Number: 847

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 59:52

Speed: 10.02 km/h

Running performance: 5:59 min/km

Rank in course/Total: 119 (of 141)

Rank in course/Men: 96 (of 105)

Best time in course: 33:16

Rank in category: 15(of 18)

Best time in the category: 37:50