



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Blanke, Hannelore

Club: VfL Sassenberg

Number: 826

Course: 10.00 km

Volkslauf

Category:

Frauen W70

Total time: 1:00:58

Speed: 9.84 km/h

Running performance: 6:06 min/km

Rank in course/Total: 121 (of 141)

Rank in course/Women: 25 (of 36)

Best time in course: 42:45

Rank in category: 1 (of 1)

Best time in the category: 1:00:58