



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Dreckhoff, Lothar

Club: Wir schaffens 42

Number: 796

Course: 10.00 km

Volkslauf

Category:

Männer M50

Total time: 1:01:32

Speed: 9.75 km/h

Running performance: 6:09 min/km

Rank in course/Total: 126 (of 141)

Rank in course/Men: 97 (of 105)

Best time in course: 33:16

Rank in category: 16(of 18)

Best time in the category: 37:50