



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

**Schlie, Cornelia**

Club: LC Solbad Ravensberg

Number: 846

Course: 10.00 km

Volkslauf

Category:

Frauen W40

Total time: 1:07:36

Speed: 8.88 km/h

Running performance: 6:46 min/km

Rank in course/Total: 139 (of 141)

Rank in course/Women: 34 (of 36)

Best time in course: 42:45

Rank in category: 10(of 10)

Best time in the category: 42:45