



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Siekmann, Axel

Club: TUS Jöllenbeck/Bielefeld

Number: 1121

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:25:10

Speed: 14.79 km/h

Running performance: 4:02 min/km

Rank in course/Total: 6 (of 113)

Rank in course/Men: 6 (of 90)

Best time in course: 1:16:59

Rank in category: 2(of 15)

Best time in the category: 1:16:59