



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Mathiak, Torsten

Club: LC Solbad Ravensberg

Number: 1072

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:28:30

Speed: 14.31 km/h

Running performance: 4:11 min/km

Rank in course/Total: 11 (of 113)

Rank in course/Men: 11 (of 90)

Best time in course: 1:16:59

Rank in category: 1(of 8)

Best time in the category: 1:28:30