



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Weissner, Martin

Club: SG Sendenhorst

Number: 1047

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:33:17

Speed: 13.51 km/h

Running performance: 4:25 min/km

Rank in course/Total: 16 (of 113)

Rank in course/Men: 15 (of 90)

Best time in course: 1:16:59

Rank in category: 2(of 6)

Best time in the category: 1:26:43