



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Schuler, Markus

Club: LG Ems Warendorf

Number: 1013

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:33:42

Speed: 13.45 km/h

Running performance: 4:26 min/km

Rank in course/Total: 20 (of 113)

Rank in course/Men: 19 (of 90)

Best time in course: 1:16:59

Rank in category: 2(of 8)

Best time in the category: 1:28:30