



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Holtkötter, Anne

Club: LSF Münster

Number: 1097

Course: 21.10 km

Halbmarathon

Category:

Frauen W50

Total time: 1:35:59

Speed: 13.13 km/h

Running performance: 4:33 min/km

Rank in course/Total: 30 (of 113)

Rank in course/Women: 7 (of 23)

Best time in course: 1:30:57

Rank in category: 1(of 4)

Best time in the category: 1:35:59