



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Bayerl, Roland

Club: Rochus-Runners Telgte

Number: 1016

Course: 21.10 km

Halbmarathon

Category:

Frauen W35

Total time: 1:37:27

Speed: 12.99 km/h

Running performance: 4:37 min/km

Rank in course/Total: 34 (of 113)

Rank in course/Women: 8 (of 23)

Best time in course: 1:30:57

Rank in category: 2(of 4)

Best time in the category: 1:34:54