



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Woywod, Benedict

Club: Overbergschule
Number: 271

Course: 2.30 km
Schülerlauf

Category:
männliche Schüler D

Total time: 13:16

Speed: 9.05 km/h
Running performance: 5:46 min/km

Rank in course/Total: 95 (of 158)

Rank in course/Men: 59 (of 84)

Best time in course: 8:31

Rank in category: 28(of 42)

Best time in the category: 8:31