



31. Warendorfer Emssee-Lauf  
Warendorf / 04.09.2010

Detailed evaluation

Körner, Paul

Club: SG Süderwich  
Number: 1064

Course: 21.10 km  
Halbmarathon

Category:  
Männer M60

Total time: 1:40:48

Speed: 12.50 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 40 (of 113)

Rank in course/Men: 32 (of 90)

Best time in course: 1:16:59

Rank in category: 1(of 2)

Best time in the category: 1:40:48