



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Lischka, Anne

Club: WSU

Number: 1111

Course: 21.10 km

Halbmarathon

Category:

Frauen W30

Total time: 1:45:47

Speed: 11.91 km/h

Running performance: 5:01 min/km

Rank in course/Total: 51 (of 113)

Rank in course/Women: 9 (of 23)

Best time in course: 1:30:57

Rank in category: 2(of 6)

Best time in the category: 1:35:20