



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

Hoffmeister, Wilhelm

Club: Melle

Number: 1124

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:47:40

Speed: 11.70 km/h

Running performance: 5:06 min/km

Rank in course/Total: 54 (of 113)

Rank in course/Men: 44 (of 90)

Best time in course: 1:16:59

Rank in category: 15(of 23)

Best time in the category: 1:18:46