



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Kahlert, Lydia

Club: Overbergschule

Number: 259

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 13:20

Speed: 9.00 km/h

Running performance: 5:48 min/km

Rank in course/Total: 97 (of 158)

Rank in course/Women: 38 (of 74)

Best time in course: 9:38

Rank in category: 17(of 38)

Best time in the category: 9:38