



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Schindelbauer, Stefanie

Club: Hohenlimburger SV
Number: 1045

Course: 21.10 km
Halbmarathon

Category:
Frauen W40

Total time: 1:48:43

Speed: 11.59 km/h
Running performance: 5:09 min/km

Rank in course/Total: 57 (of 113)
Rank in course/Women: 11 (of 23)
Best time in course: 1:30:57

Rank in category: 2(of 3)
Best time in the category: 1:35:53