



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Grafe, Peter

Club: Dorsten
Number: 1050

Course: 21.10 km
Halbmarathon

Category:
Männer M45

Total time: 1:50:42

Speed: 11.38 km/h
Running performance: 5:15 min/km

Rank in course/Total: 60 (of 113)

Rank in course/Men: 48 (of 90)

Best time in course: 1:16:59

Rank in category: 16(of 23)

Best time in the category: 1:18:46