



31. Warendorfer Emssee-Lauf  
Warendorf / 04.09.2010

Detailed evaluation

Saur, Anke

Club: Coesfeld  
Number: 1119

Course: 21.10 km  
Halbmarathon

Category:  
Frauen W30

Total time: 1:51:39

Speed: 11.29 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 63 (of 113)  
Rank in course/Women: 13 (of 23)  
Best time in course: 1:30:57

Rank in category: 5(of 6)  
Best time in the category: 1:35:20