



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Saur, Anke

Club: Coesfeld

Number: 1119

Course: 21.10 km

Halbmarathon

Category:

Frauen W30

Total time: 1:51:39

Speed: 11.29 km/h

Running performance: 5:17 min/km

Rank in course/Total: 63 (of 113)

Rank in course/Women: 13 (of 23)

Best time in course: 1:30:57

Rank in category: 5(of 6)

Best time in the category: 1:35:20