



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Lachner, Dominik

Club: DJK Brunnen

Number: 1036

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:53:28

Speed: 11.10 km/h

Running performance: 5:23 min/km

Rank in course/Total: 69 (of 113)

Rank in course/Men: 55 (of 90)

Best time in course: 1:16:59

Rank in category: 7(of 12)

Best time in the category: 1:32:12