



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Schlake, Reinhard

Club: Münster

Number: 1101

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:55:55

Speed: 10.87 km/h

Running performance: 5:29 min/km

Rank in course/Total: 70 (of 113)

Rank in course/Men: 56 (of 90)

Best time in course: 1:16:59

Rank in category: 10(of 15)

Best time in the category: 1:16:59