



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Kleinemeier, Helmut

Club: LG Beelen

Number: 1106

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 1:56:24

Speed: 10.88 km/h

Running performance: 5:31 min/km

Rank in course/Total: 71 (of 113)

Rank in course/Men: 57 (of 90)

Best time in course: 1:16:59

Rank in category: 7(of 14)

Best time in the category: 1:25:22