



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Rotert, Nils

Club: Osnabrück
Number: 1042

Course: 21.10 km
Halbmarathon

Category:
Männer M20

Total time: 1:58:16

Speed: 10.65 km/h
Running performance: 5:37 min/km

Rank in course/Total: 75 (of 113)

Rank in course/Men: 61 (of 90)

Best time in course: 1:16:59

Rank in category: 8(of 12)

Best time in the category: 1:32:12